

## **RESPECT IN SPORT – ACTIVITY LEADER PROGRAM INFORMATION**

The *Respect in Sport Activity Leader* program is the foundational, on-line training tool for Canadian *Safe Sport*. It educates youth leaders, coaches, officials and participants (14-years and up) to recognize, understand and respond to issues of bullying, abuse, harassment and discrimination (BAHD). The ultimate focus is to build a positive sport culture while adhering to Sport Canada's Safe Sport training requirements. Respect Group fully updates the content and delivery platform every 4 years. The current version, launched in 2019 includes:

1. Introduction by Lorraine Lafrenière: CEO - Coaching Association of Canada
2. What it Means to be an Activity Leader
3. Being a Trusted Adult
4. Universal Code of Conduct to Prevent and Address Maltreatment in Sport (UCCMS),
5. Helping Youth Develop Competence and Confidence: Andrew Price, CEO - Scouts Canada
6. Power and Leadership
7. Managing Expectations
8. Sport Culture Change
9. True Sport Principles
10. What Great Leadership Looks Like: Old School vs. New Reality
11. Appropriate Discipline vs. Punishment
12. Understanding How Kids Develop
13. Early Specialization vs. Diversification (Paul Carson – Hockey Canada & Jason de Vos – Canada Soccer)
14. Modelling Positive Behaviour: 2016 Olympic Freestyle Wrestling Champion, Erica Wiebe
15. Successfully Leading Today's Kids and Keeping it FUN
16. Being an Inclusive Leader
17. An Official's Perspective: Nicky Pearson, Manager of Match Officials Development, Ontario Soccer
18. Inclusion & Diversity: Stephanie Dixon, Paralympic Athlete
19. Respecting Our Diverse Community: Greg Henhawk – Indigenous Programs Manager – CS4L
20. *New Since 2020* – Systemic Racism, Unconscious Bias, Microaggressions, Gender Equity
21. Understanding and Managing Emotions
22. Keeping Active Kids Healthy: Injury Response & Prevention
23. Concussions: Dr. Mark Aubry – Chief Medical Officer – Hockey Canada and IIHF
24. How to Recognize and Respond to BAHD Behaviours
25. Empowering the Bystander: Sheldon Kennedy – Co-Founder - Respect Group

- 26. LGBTQI2S+ Youth**
- 27. Cyberbullying & Online Behaviour: Glenn Canning, Father of Rehtaeh Parsons, Victim of Cyberbullying**
- 28. Hazing**
- 29. Signs and Symptoms of Abuse**
- 30. Grooming: Dr. Sarah MacDonald, Forensic Interview Specialist & Trainer, Child Advocacy Centre**
- 31. The Rule of Two**
- 32. The Moral and Legal Obligations of Leaders**
- 33. Emotional Maltreatment: Dr. Gretchen Kerr, Professor - University of Toronto**
- 34. Disclosure and Reporting: The Confidence to Take Action**
- 35. How to Provide Support**

For more information on the *Respect in Sport* programs or to set-up access for your group, contact [Stephan Moncayo](#)