

Table of Contents

| | |
|--|---|
| CVYSA Return to Play Phase 1 final | 2 |
| CVYSA player checklist - Phase 1 | 5 |
| CVYSA Return to Play Phase 2 final. nov 26 | 6 |
| CVYSA player checklist - Phase 2 | 9 |



CVYSA Return to Play Phase 1

A. Introduction

The purpose of this document is to provide the details of Columbia Valley Youth Soccer Association's (the "Club") Return to Play Plan ("RTPP") Phase 1. This plan is intended to be read in parallel with the guidelines of governing bodies within government (PHO/ViaSport) and within soccer (CSA/BCSA). This plan and all referenced material are intended to support informed decision-making by our members, volunteers, coaches, and other representatives of the Club related to their participation in the Club's programs.

Return to Play Guidelines

In June 2020, ViaSport and BC Soccer Association released their Return to Sport Guidelines and Return to Play Plan respectively. Following on this, both organizations released updates to these documents in late August, and again in October 2020, and again in January 2021. The revised documents are referenced and linked below and along with the original documents, provide the foundation and guidelines that are included in this Return to Play Plan. Guidelines changed as we moved from Phase 1 to Phase 2 and then back to an amended Phase 1.

- [ViaSport Return to Sport Guidelines, Revised](#)
- [BC Soccer Return to Play Plan, Phase II](#)
- [BC Soccer Phase I Guidelines](#)
- [BC Soccer return to Phase I Jan 2021 memo](#)

B. Providing a Clean, Safe Environment

Outdoor Fields

- Total participants on one field at one time will be limited to 50 including players, coaches and spectators.
- Fields will have one separate designated entrance and exit. Participants will be directed to use those areas to maintain physically distancing between groups that are coming and going.
- Sanitizing stations will be available at each field entrance and exit.
- Fields will be at Mt. Nelson Park, J.A. Laird School and DTSS School. Field maps indicate entrances, exists, traffic flow, and drop off/pick up zones,

Outdoor Washrooms/Storage Areas

- Storage area will only be accessed by Club personnel to retrieve and replacement equipment.
- Washrooms will be open in Mt. Nelson Park. Participants will be encouraged to use the washroom at home before coming to the park.
- Sanitizing stations will be set up at both the designated participant entrance and exit to the fields.
- All spaces will have occupancy limit signage clearly posted.

Indoor Soccer

- Indoor Soccer will take place at Columbia Lake Recreation Centre and will comply with all safety regulations of the Centre.
- Total participants are limited to 50 including players, coaches and spectators.
- A limited number of participants will be allowed in the facility entrance/lobby at one time and this number will be clearly posted and monitored.
- Sanitizing stations will be available at building entrance.
- Masks are required in lobby, change rooms, washrooms, viewing areas (see "masks" below).



CVYSA Return to Play Phase 1

Equipment

- Equipment will be cleaned by the Club after every session with recommended disinfection products.
- Team equipment will be handled by the team coach/manager only. The Club will provide disinfectant to all team officials for the purposes of disinfecting team equipment.

C. Measures to Keep People Safe

Arriving at the Field

- Session start and end times will be staggered to permit coaches and players the opportunity to attend training sessions within appropriate physical distancing requirements and guidelines of health authorities.
- Designated parking and drop-off areas are shown on field maps.
- **No spectators are allowed at this time as per amended Phase 1 guidelines.**
- Players and coaches will use designated entrances and exits to the fields.
- All participants will sanitize hands upon entry to the field and exiting the field.
- Player duffle bags will be placed in designated spaces, physically distanced from any other player's bag in adherence to the requirements and guidelines of health authorities.

Masks

- Masks must be worn by participants, coaches and volunteers in lobby (indoor soccer), washrooms, change rooms and any indoor public space, and according to most recent public health orders.
- Masks are not required by players on field during training or games, using the cohort model.
- Masks are required for coaches during training in cases where coaches overlap with more than one cohort.

Training

- Players will be grouped into cohorts of 50 participants or 4 teams and kept within those cohorts (either within the club, or within a grouping of clubs).
- **Training will take place as "distance training" with no game-play, and physical distancing at all times. Physical distance is now classified as 3 metres.**
- Training sessions will use cones and other equipment to ensure appropriate spacing is in place to support distancing. Players will be positioned in designated and well spaced stations on the field.
- Ball use will be one per player or in small groups and players will avoid touching the ball with their hands.

Check-In Requirements

- All participants, technical staff and volunteers attending any Club programming will be asked to check-in. The purpose of this is contact tracing in the event of a secondary outbreak or a participant who is later found to have tested positive for COVID-19.



CVYSA Return to Play Phase 1

Players

- All adult players and parents/guardians of youth players must complete a BCSA approved Return to Play Participant Agreement Waiver before they will be permitted to participate in any Club program or event.
- Participants will be asked to use the Participant Checklist to remind themselves of the steps they must take to participate in Club programs before, during and after every session.
- Players should complete a [self-assessment](#) prior to attending any Club program or event. Any players with any COVID-19 symptoms are asked to stay home.
- Players should dress at home and arrive in their kit and cleats.
- Players should have their belongings in a single bag/backpack with a personal water bottle and their own hand sanitizer clearly labelled with their name for all training sessions and games to avoid use by any other individual.

Technical Staff, Club Volunteers

- All technical staff and Club volunteers must complete a BCSA approved Coaches & Volunteer Waiver before they will be permitted to participate in any Club program or event.
- Coaches and Managers are requested to use the Coach/Manager Checklist to remind themselves of the steps they must take to participate in Club programs before, during and after every session.
- Coaches and Managers should complete a [self assessment](#) prior to attending any Club program or event. Any coach, manager or volunteer with any COVID-19 symptoms are asked to stay home.

DISCLAIMER

This Return to Play Plan has been written with all relevant and available information about the COVID-19 coronavirus. This information, and recommended health and safety measures, can change rapidly. No guarantee can be given as to completeness of any information provided in this plan. Participants should avail themselves of publicly available information provided by the [Government of British Columbia](#).

In the event of an ambiguity or conflict between this RTPP, its referenced documents and the *Public Health Act*, regulations or orders thereunder, the *Public Health Act*, regulations and orders prevail. Nothing in this document is intended to provide legal advice.

Anyone choosing to participate in any Club program does so voluntarily and at their own risk. Choosing to participate is a personal decision that must be made with full information.



CVYSA Player Checklist

BEFORE SESSION

- ✓ Complete a [self-assessment](#) and stay home if you are exhibiting any COVID-19 symptoms or feeling unwell.
- ✓ Bring your own water bottle clearly labelled with your name and filled with water.
- ✓ Change into your soccer apparel at home and arrive in your cleats, ready to play.
- ✓ Arrive to the field at the marked entrance, no more than 10 minutes before the session.
- ✓ Check in with your coach or team manager before every training session or game.

DURING SESSIONS

- ✓ Wait for the previous session to clear the field before entering.
- ✓ Wear a mask in all public spaces such as lobby (indoor soccer), change rooms, washrooms. Masks are not required during training within your cohort.
- ✓ Sanitize your hands on entering the field, every time you exit or enter.
- ✓ Place your water bottle and duffle in the area designated by your coach and physically distanced from other players.
- ✓ Keep a 3-meter physical distance from other participants at all times.
- ✓ Avoid physical contact with other players. Do not shake hands, high-five or fist bump.
- ✓ Avoid touching the ball and other equipment with your hands— let the coach handle the equipment.
- ✓ Goalkeeper must not share gloves or spit on their gloves.

AFTER SESSIONS

- ✓ Leave the field using designated exits.
- ✓ Leave the field as quickly as possible after you finish your session or game, do not congregate to socialize.
- ✓ Sanitize your hands as you leave the field.

REMINDERS

- If you do not feel well or are displaying symptoms of COVID-19, you must stay home.
- If you live in a household with someone who has COVID-19 or is showing symptoms of COVID-19, you must stay home.
- If you have traveled outside of Canada, you are not permitted at the facility or to participate in any Club program until you have self-isolated for a minimum of 14 days.
- All participants must complete a BCSA approved Return to Play Participant Agreement Waiver before they will be permitted to participate in any Club program or event.



CVYSA Return to Play Phase 2

A. Introduction

The purpose of this document is to provide the details of Columbia Valley Youth Soccer Association's (the "Club") Return to Play Plan ("RTPP") Phase 2. This plan is intended to be read in parallel with the guidelines of governing bodies within government (PHO/ViaSport) and within soccer (CSA/BCSA). This plan and all referenced material are intended to support informed decision-making by our members, volunteers, coaches, and other representatives of the Club related to their participation in the Club's programs.

Return to Play Guidelines

In June 2020, ViaSport and BC Soccer Association released their Return to Sport Guidelines and Return to Play Plan respectively. Following on this, both organizations released updates to these documents in late August, and again in October 2020. The revised documents are referenced and linked below and along with the original documents, provide the foundation and guidelines that are included in this Return to Play Plan.

- [ViaSport Return to Sport Guidelines, Revised](#)
- [BC Soccer Return to Play Plan, Phase II](#)

B. Providing a Clean, Safe Environment

Outdoor Fields

- Total participants on one field at one time will be limited to 50 including players, coaches and spectators.
- Fields will have one separate designated entrance and exit. Participants will be directed to use those areas to maintain physically distancing between groups that are coming and going.
- Sanitizing stations will be available at each field entrance and exit.
- Fields will be at Mt. Nelson Park, J.A. Laird School and DTSS School. Field maps indicate entrances, exits, traffic flow, and drop off/pick up zones,

Outdoor Washrooms/Storage Areas

- Storage area will only be accessed by Club personnel to retrieve and replacement equipment.
- Washrooms will be open in Mt. Nelson Park. Participants will be encouraged to use the washroom at home before coming to the park.
- Sanitizing stations will be set up at both the designated participant entrance and exit to the fields.
- All spaces will have occupancy limit signage clearly posted.

Indoor Soccer

- Indoor Soccer will take place at Columbia Lake Recreation Centre, and will comply with all safety regulations of the Centre.
- Total participants are limited to 50 including players, coaches and spectators.
- A limited number of participants will be allowed in the facility entrance/lobby at one time and this number will be clearly posted and monitored.
- Sanitizing stations will be available at building entrance.
- Masks are required in lobby, change rooms, washrooms, viewing areas (see "masks" below).



CVYSA Return to Play Phase 2

Equipment

- Shared equipment will be cleaned by the Club after every session with recommended disinfection products.
- Team equipment will be handled by the team coach/manager only. The Club will provide disinfectant to all team officials for the purposes of disinfecting team equipment.

C. Measures to Keep People Safe

Arriving at the Field

- Session start and end times will be staggered to permit coaches and players the opportunity to attend training sessions within appropriate physical distancing requirements and guidelines of health authorities.
- Designated parking and drop-off areas are shown on field maps. Parents and guardians are requested to limit their presence during all training sessions and pick up their athlete at the end of the session to avoid any additional physical distancing challenges or risks to the players and Club volunteers.
- Players, coaches and spectators will use designated entrances and exits to the fields.
- All participants will sanitize hands upon entry to the field and exiting the field.
- Player duffle bags will be placed in designated spaces, physically distanced from any other player's bag in adherence to the requirements and guidelines of health authorities.

Masks

- Masks must be worn by participants, coaches, volunteers and spectators in lobby and spectator areas (indoor soccer), washrooms, change rooms and any indoor public space, and according to most recent public health orders.
- Masks are not required by players on field during training or games, using the cohort model.
- Masks are required for coaches during training in cases where coaches overlap with more than one cohort.

Training/Games

- Players will be grouped into cohorts of 50 participants or 4 teams and kept within those cohorts (either within the club, or within a grouping of clubs).
- Teams will only play other teams within their cohort. Younger players will play in groups within their cohorts. Player travel will only occur as recommended by current provincial health orders.
- Any change of cohort will require a two week waiting period (no games or training with other members of the cohort during the 14 day waiting period).
- During training, players will physically distance when not engaged in drills.
- Games will take place as per the revised BCSA rules for COVID-19:
 - There will be no throw-ins; only goaltenders are allowed to touch a ball and only with gloves;
 - Players will be banned from spitting or clearing their noses and removed from play if they do;
 - Coaches and officials will maintain physical distancing as much as possible;
 - During games, any players not on the field will need to maintain a minimum 2 meters between themselves and other team members;
 - No high fives, fist bumps or other contact between participants.



CVYSA Return to Play Phase 2

- Teams will enter and exit the turf field through different gates.

Spectators

- Spectators only allowed according to most recent public health orders.
- All spectators must respect physical distancing requirements. Game spectators may be requested to leave if field numbers exceed 50 people.

Check-In Requirements

- All participants, technical staff and volunteers attending any Club programming will be asked to check-in. The purpose of this is contact tracing in the event of a secondary outbreak or a participant who is later found to have tested positive for COVID-19.

Players

- All adult players and parents/guardians of youth players must complete a BCSA approved Return to Play Participant Agreement Waiver before they will be permitted to participate in any Club program or event.
- Participants will be asked to use the Participant Checklist to remind themselves of the steps they must take to participate in Club programs before, during and after every session.
- Players should complete a [self-assessment](#) prior to attending any Club program or event. Any players with any COVID-19 symptoms are asked to stay home.
- Players should dress at home and arrive in their kit and cleats.
- Players should have their belongings in a single bag/backpack with a personal water bottle and their own hand sanitizer clearly labelled with their name for all training sessions and games to avoid use by any other individual.

Technical Staff, Club Volunteers

- All technical staff and Club volunteers must complete a BCSA approved Coaches & Volunteer Waiver before they will be permitted to participate in any Club program or event.
- Coaches and Managers are requested to use the Coach/Manager Checklist to remind themselves of the steps they must take to participate in Club programs before, during and after every session.
- Coaches and Managers should complete a [self assessment](#) prior to attending any Club program or event. Any coach, manager or volunteer with any COVID-19 symptoms are asked to stay home.

DISCLAIMER

This Return to Play Plan has been written with all relevant and available information about the COVID-19 coronavirus. This information, and recommended health and safety measures, can change rapidly. No guarantee can be given as to completeness of any information provided in this plan. Participants should avail themselves of publicly available information provided by the [Government of British Columbia](#).

In the event of an ambiguity or conflict between this RTPP, its referenced documents and the *Public Health Act*, regulations or orders thereunder, the *Public Health Act*, regulations and orders prevail. Nothing in this document is intended to provide legal advice.

Anyone choosing to participate in any Club program does so voluntarily and at their own risk. Choosing to participate is a personal decision that must be made with full information.



CVYSA Player Checklist

BEFORE SESSION

- ✓ Complete a [self-assessment](#) and stay home if you are exhibiting any COVID-19 symptoms or feeling unwell.
- ✓ Bring your own water bottle clearly labelled with your name and filled with water.
- ✓ Change into your soccer apparel at home and arrive in your cleats, ready to play.
- ✓ Arrive to the field at the marked entrance, no more than 10 minutes before the session.
- ✓ Check in with your coach or team manager before every training session or game.

DURING SESSIONS

- ✓ Wait for the previous session to clear the field before entering.
- ✓ Wear a mask in all public spaces such as lobby (indoor soccer), change rooms, washrooms. Masks are not required during training or game play within your cohort.
- ✓ Sanitize your hands on entering the field, every time you exit or enter.
- ✓ Place your water bottle and duffle in the area designated by your coach and physically distanced from other players.
- ✓ Keep a 2-meter physical distance from other participants when not participating in a drill.
- ✓ Avoid physical contact with other players. Do not shake hands, high-five or fist bump.
- ✓ Avoid touching the ball and other equipment with your hands— let the coach handle the equipment.
- ✓ Goalkeeper must not share gloves or spit on their gloves.

AFTER SESSIONS

- ✓ Leave the field using designated exits.
- ✓ Leave the field as quickly as possible after you finish your session or game, do not congregate to socialize.
- ✓ Sanitize your hands as you leave the field.

REMINDERS

- If you do not feel well or are displaying symptoms of COVID-19, you must stay home.
- If you live in a household with someone who has COVID-19 or is showing symptoms of COVID-19, you must stay home.
- If you have traveled outside of Canada, you are not permitted at the facility or to participate in any Club program until you have self-isolated for a minimum of 14 days.
- All participants must complete a BCSA approved Return to Play Participant Agreement Waiver before they will be permitted to participate in any Club program or event.